



Welfare Trust

Benefits at a Glance:

Provided by TAL

- **CIGNA Dental Insurance:**

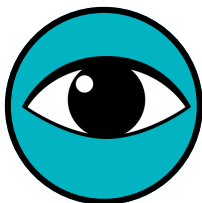
<u>DPPO</u> (use any dentist)	<u>DHMO</u> (choose primary dentist)
Can move out of network	Stay in network
100% Preventative, 85% Basic, 50% Major, 50% Ortho	No or little co-pays (DHMO patient charge schedule on website)
3 cleanings per year	2 cleanings per year
Complete benefit summaries on website	

- **Davis Vision Premier Plan:**

- Eye Exam every 12 months
 - \$10 copay
- Frame, lense and contact allowance
- LASIK discount

- **Health Advocate:**

- Health navigation for members, families and parents



1-800-CIGNA-24

- Download the myCigna app
- Create a log-in
- Group # 3347411



1-800-999-5431

- TAL Member, SS# & DOB
- Group #0SR



1-866-695-8622

- Download the mobile app
- Use code 3WNMKSW



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