

Why did we choose
to add the DHMO?

DHMO	DPPO
<i>YOU MUST STAY IN NETWORK</i>	<i>YOU MAY MOVE OUT OF NETWORK</i>
<i>YOU MUST DEFINE YOUR PRIMARY, IN-NETWORK DENTIST and STAY "IN NETWORK"</i>	<i>YOU DO NOT HAVE TO DEFINE A DENTIST</i>
<i>No Yearly Maximum</i>	<i>\$2,000 Yearly Maximum</i>
<i>Less Money Paid By Members in Copays</i>	<i>More Money Paid By Members in Copays</i>

PPO Rate Comparison- 2017-18 vs. 2018-19 (4.1% increase)

	2017-18	2018-19
<i>Single</i>	<i>\$673.80</i>	<i>\$701.40</i>
<i>Family</i>	<i>\$1661.04</i>	<i>\$1,729.20</i>

PPO vs. DHMO Rate 2018-19

	PPO	DHMO
<i>Single</i>	\$701.40	\$233.76*
<i>Family</i>	\$1,729.20	\$562.56**

* This includes a \$2.50/month administrative fee

** This includes a \$5.00/month administrative fee

Code	Procedure Description	Patient Charge
D2929	Prefabricated porcelain/ceramic crown – Primary tooth	\$165.00
D2930	Prefabricated stainless steel crown – Primary tooth	\$105.00
D2931	Prefabricated stainless steel crown – Permanent tooth	\$105.00
D2932	Prefabricated resin crown	\$135.00
D2933	Prefabricated stainless steel crown with resin window	\$165.00
D2934	Prefabricated esthetic coated stainless steel crown – Primary tooth	\$165.00
D2940	Protective Restoration	\$13.00
D2950	Core buildup – Including any pins	\$135.00
D2951	Pin retention – Per tooth – In addition to restoration	\$13.00
D2952	Post and core – In addition to crown, indirectly fabricated	\$165.00
D2954	Prefabricated post and core – In addition to crown	\$135.00
D2960	Labial veneer (resin laminate) – Chairside	\$94.00
D6210	Pontic – Cast high noble metal	\$450.00
D6211	Pontic – Cast predominantly base metal	\$410.00
D6212	Pontic – Cast noble metal	\$435.00
D6214	Pontic – Titanium	\$460.00
D6240	Pontic – Porcelain fused to high noble metal	\$450.00
D6241	Pontic – Porcelain fused to predominantly base metal	\$410.00
D6242	Pontic – Porcelain fused to noble metal	\$435.00
D6245	Pontic – Porcelain/ceramic	\$455.00
D6602	Inlay – Cast high noble metal, 2 surfaces	\$450.00
D6603	Inlay – Cast high noble metal, 3 or more surfaces	\$460.00
D6604	Inlay – Cast predominantly base metal, 2 surfaces	\$390.00
D6605	Inlay – Cast predominantly base metal, 3 or more surfaces	\$400.00
D6606	Inlay – Cast noble metal, 2 surfaces	\$415.00
D6607	Inlay – Cast noble metal, 3 or more surfaces	\$425.00
D6610	Onlay – Cast high noble metal, 2 surfaces	\$440.00

Code	Procedure Description	Patient Charge
D6602	Retainer inlay – Cast high noble metal, 2 surfaces	\$185.00
D6603	Retainer inlay – Cast high noble metal, 3 or more surfaces	\$185.00
D6604	Retainer inlay – Cast predominantly base metal, 2 surfaces	\$185.00
D6605	Retainer inlay – Cast predominantly base metal, 3 or more surfaces	\$185.00
D6606	Retainer inlay – Cast noble metal, 2 surfaces	\$210.00
D6607	Retainer inlay – Cast noble metal, 3 or more surfaces	\$210.00
D6610	Retainer onlay – Cast high noble metal, 2 surfaces	\$185.00
D6611	Retainer onlay – Cast high noble metal, 3 or more surfaces	\$185.00
D6612	Retainer onlay – Cast predominantly base metal, 2 surfaces	\$185.00
D6613	Retainer onlay – Cast predominantly base metal, 3 or more surfaces	\$185.00
D6614	Retainer onlay – Cast noble metal, 2 surfaces	\$210.00
D6615	Retainer onlay – Cast noble metal, 3 or more surfaces	\$210.00
D6740	Retainer crown – Porcelain/ceramic	\$225.00
D6750	Retainer crown – Porcelain fused to high noble metal	\$225.00
D6751	Retainer crown – Porcelain fused to predominantly base metal	\$225.00
D6752	Retainer crown – Porcelain fused to noble metal	\$225.00
D6780	Retainer crown – 3/4 cast high noble metal	\$225.00
D6781	Retainer crown – 3/4 cast predominantly base metal	\$225.00
D6782	Retainer crown – 3/4 cast noble metal	\$225.00
D6790	Retainer crown – Full cast high noble metal	\$225.00
D6791	Retainer crown – Full cast predominantly base metal	\$225.00
D6792	Retainer crown – Full cast noble metal	\$225.00
D6794	Retainer crown – Titanium	\$225.00

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How do I find an
in-network provider?



Login to myCigna

Find a Doctor

Search



Individual & Family Plans

Cigna Medicare

International Individual Plans

Offered Cigna Through Work?

Health & Wellness

An important message for Cigna customers with pharmacy benefits affected by the fire in Washington or tornadoes or storms in certain areas of Arkansas and North Carolina.

YOU SMILE, WE SMILE
 Offers individual dental plans to meet your needs and budget.

INDIVIDUAL PLANS

CIGNA MEDICARE
 Medicare Advantage, Medicare Part D, and Medicare Supplement Plans.

MORE INFORMATION

THE 1-TOUCH MYCIGNA APP
 Introducing new 1-touch access to help you find in-network doctors fast—and save.

GET THE APP

I WANT TO: FIND A DOCTOR | CHECK A CLAIM | GET AN INTERNATIONAL QUOTE | GET AN ID CARD



Cigna.com no longer supports the browser you are using.

Personal

Business

Health Care Professionals

International

About Cigna

Careers

Contact Us



LOG IN TO MYCIGNA

Home Find a Doctor

Feedback

Find a Doctor, Dentist, or Facility

Cigna Customers

Use the myCigna SM website or app and simplify your search for providers.

- Easily find providers in your plan's network (you'll save money when you stay in-network).
- Compare costs for hundreds of procedures.

LOG IN AND SEARCH MYCIGNA

Not a Cigna Customer Yet?

You can still search for an in-network provider, but you'll need to select a plan first and you can't compare procedure costs.



Select a plan type to search:

Plans through your employer or school

Individual plans purchased from Cigna or healthcare.gov

FIND A DOCTOR, DENTIST OR FACILITY

Find out more about the doctors and services listed in the Cigna directory and [read important notices and disclosures for your state.](#)

✚ We have found Avecina Medical PA located 0.3 miles from your search location. [Map all urgent care near my current location.](#)

Find a...



DOCTOR



DENTIST

HOSPITAL, PHARMACY OR FACILITY

SEARCH LOCATION:

Chicago, IL

[Use my current location](#)

SELECT A PLAN:

PICK

Medical: No Plan Selected
Dental: No Plan Selected

LOOKING FOR: (Name, keyword, etc.)

A-Z

SEARCH

YOUR CHOICES CAN IMPACT YOUR COSTS

National average costs for common procedures:

Colonoscopy	\$695 - \$3,890	Get my cost
Knee Arthroscopy	\$2,167 - \$12,470	Get my cost
Lab Test - General Health Panel Test	\$19 - \$109	Get my cost
MRI Scan - Leg Joint (without dye)	\$278 - \$2,354	Get my cost

Note: Costs can vary significantly depending on where you receive care. For example, a colonoscopy done at an outpatient surgical center can cost much less than if performed in a hospital. [Log in to mycigna to view cost estimates](#)

POPULAR SEARCHES

[Chiropractor](#)

[Dermatologist](#)

[Cigna Vision Directory for routine eye exam or eyewear](#)

[Family Doctor](#)

[Gastroenterologist](#)

[General Practice Doctor](#)

[Internal Medicine Doctor](#)

[Mental Health & Substance Abuse](#)

[OB-GYN](#)

[Pediatrician](#)

[Primary Care Physician \(PCP\)](#)

[Physical Therapist](#)

SELECT A PLAN FOR YOUR SEARCH

CANCEL

IF YOU ALREADY HAVE A CIGNA PLAN...

[Log into your myCigna account](#) so you find the doctors covered by your plan and can see what you may pay for many of the most common procedures.

IF YOU ARE LOOKING FOR A CIGNA PLAN...

Select a plan for your search to find health care professionals who accept it.

PLANS AVAILABLE IN YOUR SEARCHED LOCATION: CHICAGO, IL

MEDICAL PLANS

No Plan Selected

DENTAL PLANS

No Plan Selected

CHOOSE

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[+]
Feedback

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PLANS AVAILABLE IN YOUR SEARCHED LOCATION: CHICAGO, IL

▶ MEDICAL PLANS

No Plan Selected

▼ DENTAL PLANS

No Plan Selected

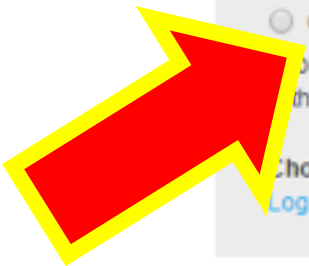
- Remind me later
- Cigna Dental PPO or EPO
- Cigna Dental Care HMO

Look for dentists who are "Cigna DPPO Advantage" on the search results page. Seeing a Cigna DPPO Advantage dentist may provide a better benefit level with greater savings.

Choice Plus or PPO Radius network customer:

[Log in to myCigna](#) to find your covered dentists and dental services.

CHOOSE



Find a...



DOCTOR



DENTIST



HOSPITAL, PHARMACY OR FACILITY

SEARCH LOCATION:

Chicago, IL

[Use my current location](#)

SELECT A PLAN:

PICK

Medical: No Plan Selected
Dental: Cigna Dental Care
HMO

LOOKING FOR: (Name, keyword, etc.)

A-Z

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[Mental Health & Substance Abuse](#)

[OB-GYN](#)

[Pediatrician](#)

[Primary Care Physician \(PCP\)](#)

[Physical Therapist](#)

EMERGENCY CARE

Is the emergency room (ER) your best option? You may find faster and more affordable care.

[EXPLORE ALTERNATIVES](#)

Change
to your
town

Find a...

- DOCTOR
- DENTIST
- HOSPITAL, PHARMACY OR FACILITY

SEARCH LOCATION: [Use my current location](#)

SELECT A PLAN: Medical: No Plan Selected
Dental: Cigna Dental Care HMO

LOOKING FOR: (Name, keyword, etc.)

YOUR CHOICES CAN IMPACT YOUR COSTS

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POPULAR SEARCHES

- [Chiropractor](#)
- [Dermatologist](#)
- [Cigna Vision Directory for routine eye exam or eyewear](#)
- [Family Practice](#)
- [Neurologist](#)
- [General Practice Doctor](#)
- [Internal Medicine Doctor](#)
- [Mental Health & Substance Abuse](#)
- [OB-GYN](#)
- [Pediatrician](#)
- [Primary Care Physician \(PCP\)](#)
- [Physical Therapist](#)



Insert your dentist or dental practice

FIND IMMEDIATE CARE
Is the Emergency Room (ER) your best option? You may find faster and more affordable care.

Find a...



DOCTOR



DENTIST



HOSPITAL, PHARMACY OR FACILITY

SEARCH LOCATION:

Lindenhurst, NY

[Use my current location](#)

SELECT A PLAN:

PICK

Medical: No Plan Selected
Dental: Cigna Dental Care
HMO

LOOKING FOR: (Name, keyword, etc.)

A-Z

Dentist name |

SEARCH

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FIND IMMEDIATE CARE

Is the Emergency Room (ER) your best option? You may find faster and more a

POP

Chiropra

Dermato

Cigna M

exam or

Family C

Gastroe

General

DOCTORS NEAR LINDENHURST, NY

Nami, Jessica, MHC, MA, LMHC - Bellmore, NY

Chaudhry, Naeem A, MD - Richmond Hill, NY

Grimaldi, Nam, MA, LCSW - Middle Village, NY

Naeem, Asma, MD - Bronxville, NY

Naeem, Muhammad, MD - Yonkers, NY

[View all suggestions](#)

SPECIALTIES NEAR LINDENHURST, NY

Dentistry General

Dentist

General Dentist

[View all suggestions](#)

GROUP PRACTICES NEAR LINDENHURST, NY

MMC DEPARTMENT OF DENTISTRY - Westbury, NY

THE DENTIST'S HOUSE - Huntington, NY



Feedback